



### LIVING OUR CONSECRATION

*"Make it; renew it often, live this consecration of yours!" (86 k)*

*"Live out each day, with love and faithfulness, the consecration which you have made. Allow yourselves to be always carried in my arms, leaving everything to your heavenly Mother, that for each one of you also the plan of the Father may be fulfilled" (220 m-n).*

*"Gently I will lead you to that perfection which is pleasing to my heart and little by little I will transform you into a very faithful image of my Son Jesus. I will give you a new way of seeing things: you will see with my own eyes. I will give you a new way of feeling: you will feel according to my Heart. I will also give you a new way of thinking: you will think according to the Heart of Jesus and my motherly Heart, seeing everything in God and as God sees, according to the spirit of Wisdom" (22 e, f, h, k).*

*"Thus you grow, O flowers cultivated by me in my garden, because you receive the beauty and the perfume of your Mother. The Father will rejoice to see the design of his creation perfectly realized in it. The Son will dwell with you, into whose midst the reign of the Father has already come. The Holy Spirit will be Life Itself, in a world reconsecrated to the glory of God. This will be the triumph of my Immaculate Heart" (133 j, m, n).*

### INVITATION

*The following are offered to accompany us in living our consecration to the Immaculate Heart of Mary. Please take part in these activities.*

#### WEEKLY CENACLE ON RADIO

Every Thursday Evening  
Please tune in to "Yes, Father"  
DWAD 1098 khz AM Band  
Time: 7:00 PM – 8:00 PM

#### MONTHLY CENACLE

Every Last Tuesday of the Month  
Venue: Shrine of Nuestra Senora de Guia  
M.H. del Pilar cor. A. Flores St., Ermita, Manila  
Time: 1:30 PM - 3:00 PM

#### QUARTERLY FORMATIONS

4th Quarter Formation: November 8, 2014  
Venue: Chancery Building, Diocese of Cubao  
Lantana St. near New York St. Cubao, QC

#### Quarterly Formation for 2015

First Quarter - February 21, 2015

Second Quarter - May 9, 2015

Third Quarter - August 15, 2015

Fourth Quarter - November 14, 2015

#### WEEKLY REFLECTION

On the Word of the Lord & the Message of Our Lady  
Guide on Living Our Consecration to the Immaculate  
Heart of Mary

Given through email, please send your request to:  
[mmppriest@gmail.com](mailto:mmppriest@gmail.com)

#### CONTACT US:

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## CENACLE

OF THE  
IMMACULATE HEART  
OF MARY

### WHAT IS THE CENACLE?

*"Cenacle" is a word for the "upper room" where the Last Supper took place and where the apostles gathered after the Ascension in prayer with Mary, in expectation of the Holy Spirit. It was during this original Pentecost, when the power of the Holy Spirit manifested upon them, that the Catholic Church was born.*

NOW, after more than 2000 years, Our Lady renews the call for ALL her children to gather together with her in the cenacle of her Immaculate Heart in anticipation of the new Pentecost.

*"The whole Church must now enter into the cenacle of my Immaculate Heart" (355 b) . . . "the new and spiritual cenacle . . . in order to obtain the gift of the new Pentecost" (404 c, 428 c).*

*"I urge you to multiply everywhere cenacles of prayer . . . in incessant prayer with your heavenly Mother" (426 l).*

### WHY IS THE CENACLE IMPORTANT?

Because, the second Pentecost can only be realized after the pattern of the first Pentecost, i.e., Mary and the apostles in the cenacle. Our Lady said: *"Only in the cenacle of my Immaculate Heart, when the whole Church will have entered in, will the prodigy of the second Pentecost take place" (355 b).*

She cautions us, too: *"The period of the purification and the great tribulation in which you are living must be for you the time of the cenacle" (573 j).*

## SPIRITUAL BENEFITS AND POWER OF THE CENACLE

1. It is a powerful tool in Our Lady's hands to lead many to salvation.
2. It prepares us spiritually for the Lord's second coming.
3. It brings us security, peace, consolation and hope.
4. It is our protection against confusion and apostasy.
5. It is our protection from the evils that threaten the families of today.
6. It acts as a "lighting rod" that will protect us from the chastisement.
7. It will be our safe haven in the hour of the great trial.
8. It helps us to understand "the whole and entire truth."
9. It prepares us to become "apostles of these last times."
10. The Holy Spirit will come down to lead us to the second Pentecost.
11. Children's cenacles, in particular, give great spiritual power to Our Lady.
12. It is the spiritual force that will enable Our Lady to crush the head of Satan.

## OUR LADY'S PROMISES TO FAMILIES

1. She will help them live the sanctity of marriage, principally by enabling them to remain united and faithful in living the sacramental character of the family union.
2. She desires to look after the children of these families.
3. She will always be near and attentive to their spiritual as well as their material needs.
4. During this period of difficulties, she will protect them and shelter them under her mantle. Thus, she invites families to multiply these cenacles of prayer.

*"If you all walk along the road which I have traced out for you, if you listen to and put into practice what I have said to you today, your families will be the first buds of my triumph: small, hidden, quiet buds, which are already sprouting in every part of the earth, as though to anticipate the new era and the new times which are even now at your doors." (358 s)*

# CENACLE FORMAT

## I. INVOCATION TO THE HOLY SPIRIT

*"Come, Holy Spirit, come by the means of the powerful intercession of the Immaculate Heart of Mary, your well-beloved Spouse" (226 k, 426 a, 604 w).*

## II. RECITATION OF THE HOLY ROSARY

After the Fatima Prayer at the end of each decade, add:

O Sacrament Most Holy, O Sacrament Divine;  
All praise and all thanksgiving be every moment  
Thine.

*"When you recite the rosary, you invite me to pray with you, and each time, I truly join in your prayer" (148 p).*

*"The prayer of my predilection is the Rosary" (275 c).*

*"Your entire rosary, which you recite in the cenacle in accordance with the urgent request of your Mother; is like an immense chain of love and salvation with which you are able to encircle persons and situations, and even to influence all the events of your time. Continue to recite it, and multiply your cenacles of prayer; thus responding to the invitation which the first of my beloved sons, the Vicar of Jesus, has so urgently made to you" (184 d, e).*

## III. FOR THE HOLY FATHER'S INTENTION

With the recitation of the rosary, it is customary to pray one Our Father, one Hail Mary, and one Glory Be for the Pope's intentions. These fully satisfy the conditions for obtaining the indulgence attached to the rosary. We suggest praying another Our Father, Hail Mary and Glory Be for the Bishop and the priests of the Diocese where the cenacle is prayed.

*"You must support him with prayer, with your love and with your fidelity. You must follow him, carrying out to perfection whatever he determines for the good of the Church" (162 e).*

## IV. READING AND MEDITATION

Reading a message from the book "To the Priests Our Lady's Beloved Sons" is an essential part of the cenacle. It teaches us "to live our consecration to her Immaculate Heart" (604 i), accustoming us to her "way of seeing, thinking, praying and loving" (86 m).

*"Read it; meditate on it; live it! Have no doubt; I am speaking to you. Through these words, I am present in it and manifest myself. Only tomorrow will you understand the importance of this maternal message of mine" (284 j).* If a priest is present, he may give a brief reflection on the message.

## V. SHARING

In this portion, we share insights or inspirations from our meditation. We give witness to the glory of God in our lives. Sharing the joys of living in Christ, through Mary, strengthens our faith, gives a healthy spiritual disposition and deepens the hope and expectation of each participant.

## VI. ACT OF CONSECRATION

Any formula of Consecration to the Immaculate Heart may be used. Our Lady said: "This complete offering of yours is the only thing I ask of you" (84 f). By this act, we put our life into her hands, completely and without reserve, so that she may transform us into the image and likeness of her Son Jesus.

*"This act has been taken seriously by me, and it has in itself the capacity of truly changing and transforming your whole life. With the act of consecration, you have put your life in my hands. Gently will I lead you to that perfection which is pleasing to my Heart, and little by little I will transform you into a very faithful image of my Son Jesus" (22 c-e).*

## VII. HYMN / PRAYER TO OUR LADY

As the cenacle begins with the invocation to the Holy Spirit, it ends with any hymn or prayer to Our Lady.